



# URBAN LIFE TRAINING

Urban Life Training & Reality Assessment Teen Choice



## Part Two

# *“Protecting Your Future”*

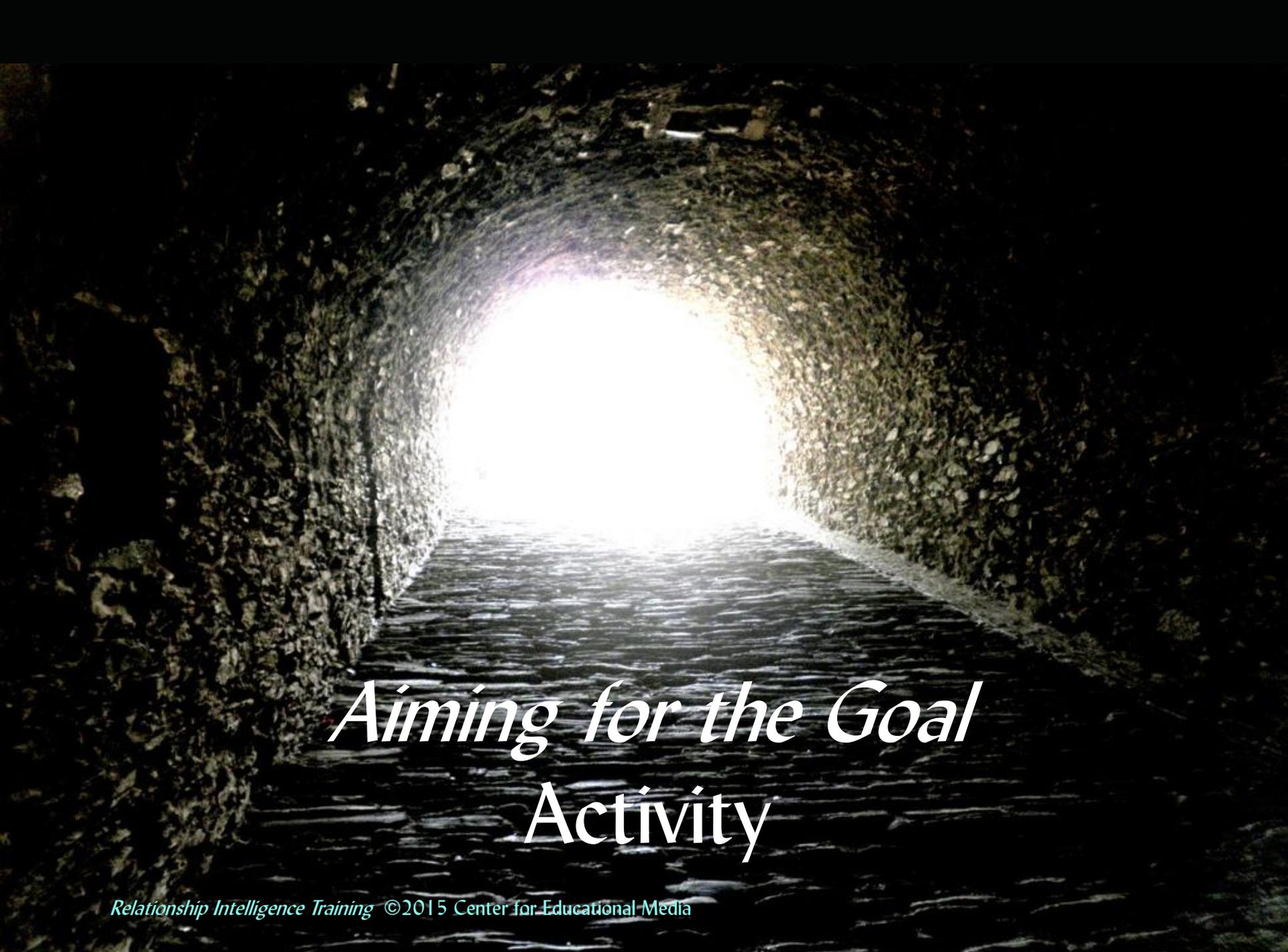




Are You REALLY Getting what

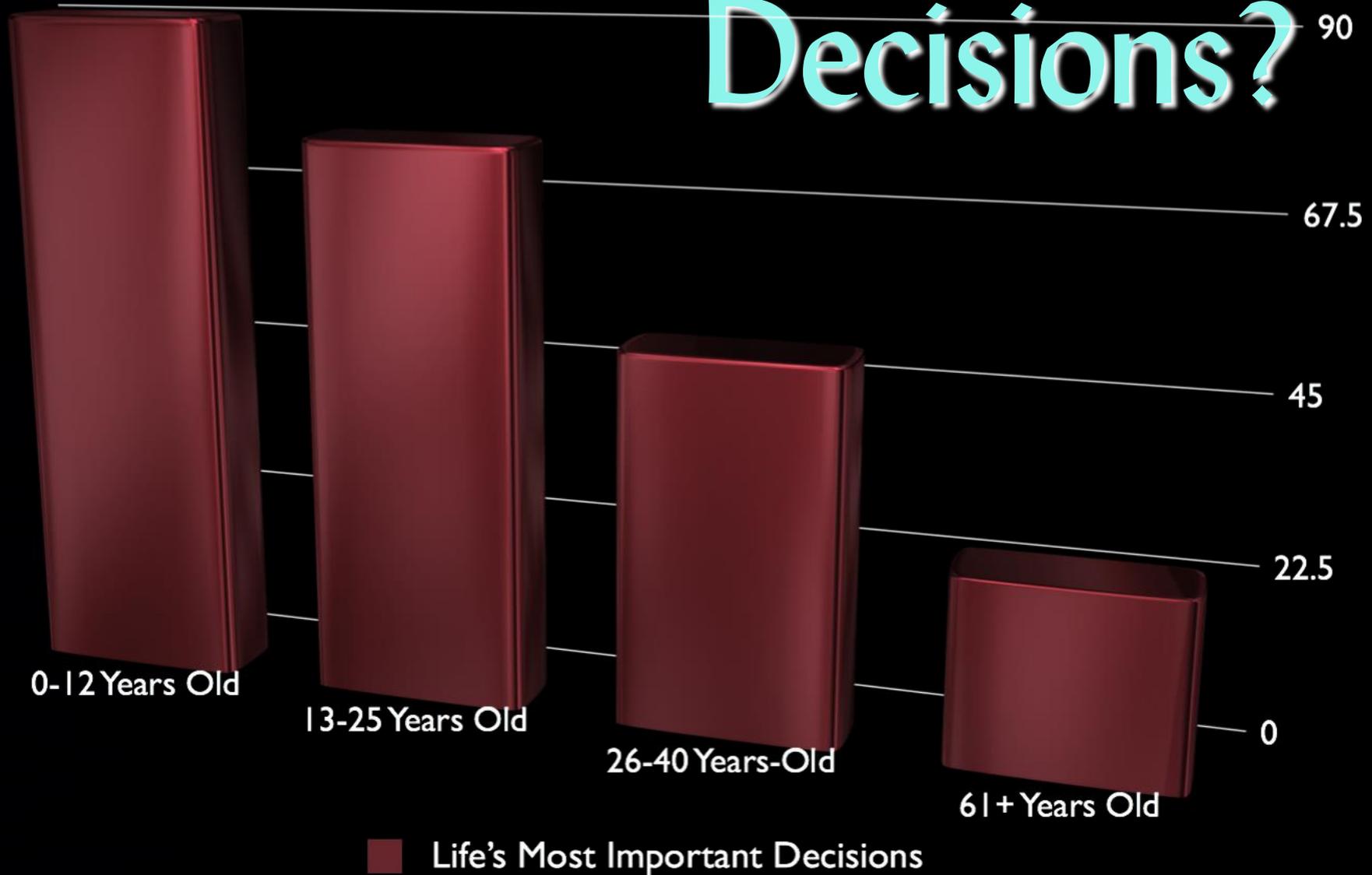
You Want?



A photograph of a dark, narrow tunnel with rough, rocky walls. A bright, circular light source is visible at the far end of the tunnel, creating a strong perspective and illuminating the path ahead. The light is very bright, almost white, and casts a glow on the surrounding rock.

*Aiming for the Goal*  
Activity

# Making Important Decisions?



Teenage Drinking Leads to

**60%**

of Teen **STD Infections**

List of Alcohol and other Drug Facts, Center for Substance Abuse and Prevention

# 2/3

of DOMESTIC VIOLENCE cases  
involve alcohol or drug use

Friend, J., Langhinrichsen-Rohling, J., Eichold, B., "Same-Day Substance Use in Men and Women Charged With Felony Domestic Violence Offenses," *Criminal Justice and Behavior*; June 2011 vol. 38.

# 9 in 10

adults with alcoholism/dependence began  
drinking at age 20 or younger

“Early Drinking Linked to Higher Lifetime Alcoholism Risk,” National Institutes of Health, July 2006.



# Pornography & Sexual Aggression



- **33 studies:** Porn use, esp. hardcore & violent, is linked to verbal bullying, use of drugs or alcohol as a coercive tactic and rape by male college students.

Allen, M., D' Alessio, D., & Brezgel, K. (1995). A meta-analysis summarizing the effects of pornography II: Aggression after exposure. *Human Communication Research*, 22, 258-283.

- Students who watched violent porn were 6 times more likely to use bullying tactics or forcible rape.

Boeringer, S. B. (1994). Pornography and sexual aggression: Association of violent and nonviolent depictions with rape and rape proclivity. *Deviant Behavior*, 15, 289-304.

# Coping Skills?

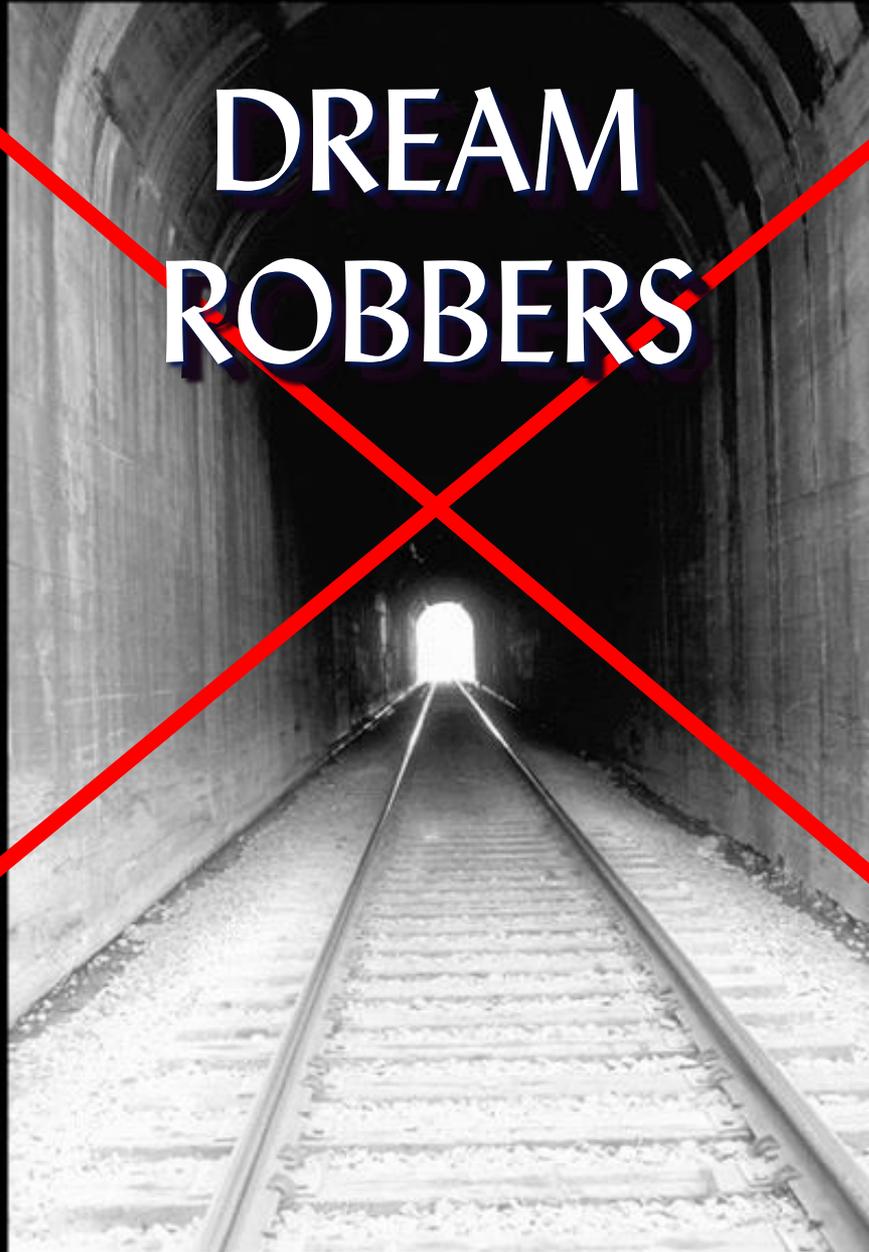


- When you're feeling bad, what do you do?
- Sports, take a walk in nature, listen to music, help another person, talk to someone you trust.

# *Take Care of your Brain with **POSITIVE HIGHS!***



# DREAM ROBBERS



# Infected with HIV as Teens

THE NEW YORK TIMES NATIONAL

## Experts Alarmed by Rise in AIDS Among Teen-Agers

Continued From Page 1

Lesbian and Gay Youth in New York City, said, "We think it's a crisis emer-



The New York Times/Ken Heinen

Doug Kamens

The Centers for Disease Control reports that 20 percent of the 85,844 men who have been diagnosed with AIDS are in their 20's and that 25 percent of the 10,146 women with AIDS are in

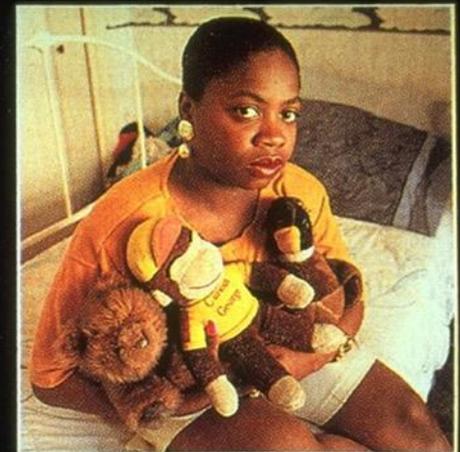
Ms. Shifrin said she was also concerned about the men who hire young male prostitutes. Most of the clients, she said, "identify themselves as heterosexuals and are probably going

## TEENS AND AIDS

Krista Blake had a 'basic, white-bread' American life until an older boy gave her the virus. She was 16.



Kaye Brown  
Houston  
19 Years Old



# A

IDS also kills dreams.

“My date was very drunk. Also me, but not enough not to realize that *I didn't want what was happening.*”

Christina Lewis, a popular college student infected with HIV during an alcohol-related date rape.

when the 28-year-old Tampa secretary discovered she was pregnant, she rejoiced. The celebration was short-lived: Cupp's boyfriend, now 32, was continually wracked with "colds," and before long he lay withering away in a Tampa hospital bed. Last October, Cupp's live-in, who, she says, admitted to heterosexual promiscuity, was diagnosed with AIDS. Within days, Cupp learned that she too carried the virus. Faced with her own struggle against unpromising odds, Cupp was forced to confront an unbearable decision. "I can't bring a baby into the world with AIDS," she remembers thinking. "It wouldn't be fair." Cupp visited two abortion clinics. "But I couldn't do it," she says. "I could feel her moving inside me. I heard her heart beat. She had hiccups. I just couldn't do it."

And so baby Glenda was born on March 28, 1990—HIV positive. And together, mother, father and daughter, all carrying the virus, lived as a family—but only briefly. Knowing AIDS would sooner or later kill him, Cupp's boyfriend embarked on a desperate last-partying spree. "His attitude," says Cupp, "was, 'I'm dying, so I'm partying. I'm doing what I want.'" In the end, what he wanted did not include Cupp or Glenda; two months ago, the couple agreed to separate.

Now, save the emotional support of her sister Rita, 41, Cupp goes it alone. "My family won't have anything to do with me," she says. "None will help with finances or even baby-sitting." Where she once earned \$1,000 a month, Cupp, too exhausted from her illness to work, lives off a monthly \$167 welfare check and the benevolence of local churches. "I rely on God," she says.

Indeed, Cupp hopes for a gift from Heaven—"that Glenda will live long and be happy." By all appearances she is a happy, healthy 4-month-old. But Cupp accepts that her child is probably doomed to an early death: "When strangers coo and cluck over Glenda," Sometimes I feel like saying, "She has AIDS," says Cupp. "I wonder if they'd be so happy to wipe her drool or give her her bottle if they knew."

After the ordeal of rape, a coed learns that her assailant had AIDS



ing been a victim of date rape a year before. "It was a friend of a friend kind of thing," says Lewis. She went out with the man, a marine who had served in Africa, and when they went to an apartment later that evening, says Lewis, her date "was pretty drunk. I was a little drunk, but not enough not to realize that I didn't want what was happening to happen." She left after the incident, she never even learned the man's last name.

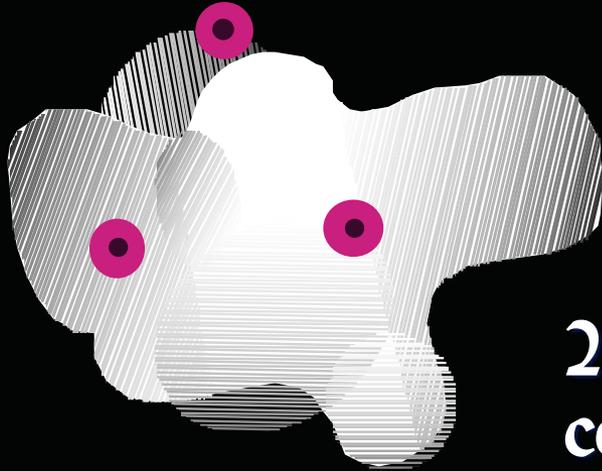
As a result, she did not know the true horror of that night until she donated blood in May 1989. The following month, she received a registered letter saying she was HIV positive. At first she told herself it was all a mistake, but denial soon gave way to darker thoughts of suicide. Slowly, however, she began to accept the reality of being infected. "It was very rough to tell the other men I had been involved with," she says. She concluded she had been infected by the marine because none of the other men with whom she had slept tested positive. She never heard from the marine again and has long since lost contact with the friend who introduced her to him.

In the fall of 1989, Lewis began to suffer from the stress of not telling her parents

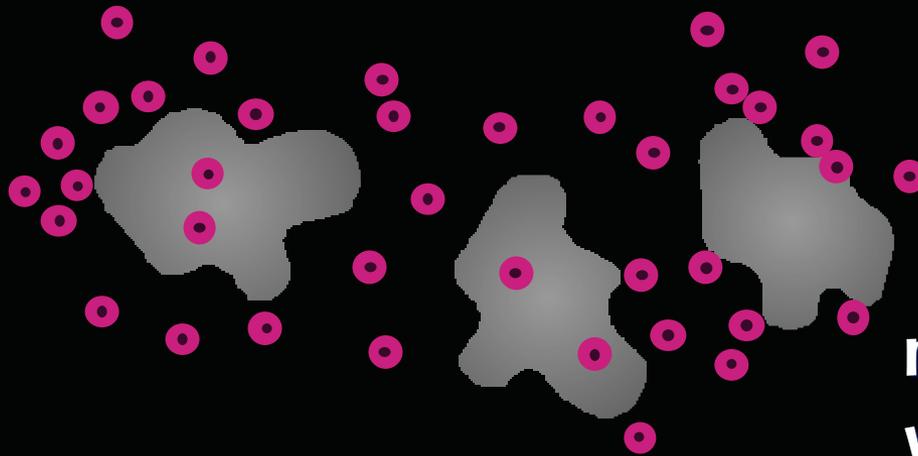
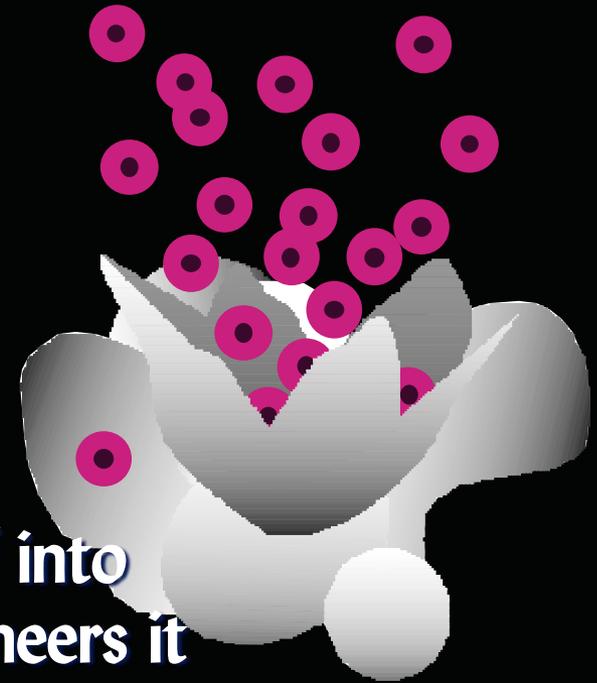
▲ "I wanted marriage, children and a career," says Christina Lewis. "But this disease takes so much away."

she says. As she left to tell them, "It was a shock," says her father, the time an executive tractor. He checked, and when she learned that Christin they fired him. Lewis knows that by going her disease she may hostess at a local res on. She has dated to understanding," she sa move to Washington full-time AIDS active touch other people's "that's what I live fo

**1. HIV enters blood stream, is attacked by white blood cells**

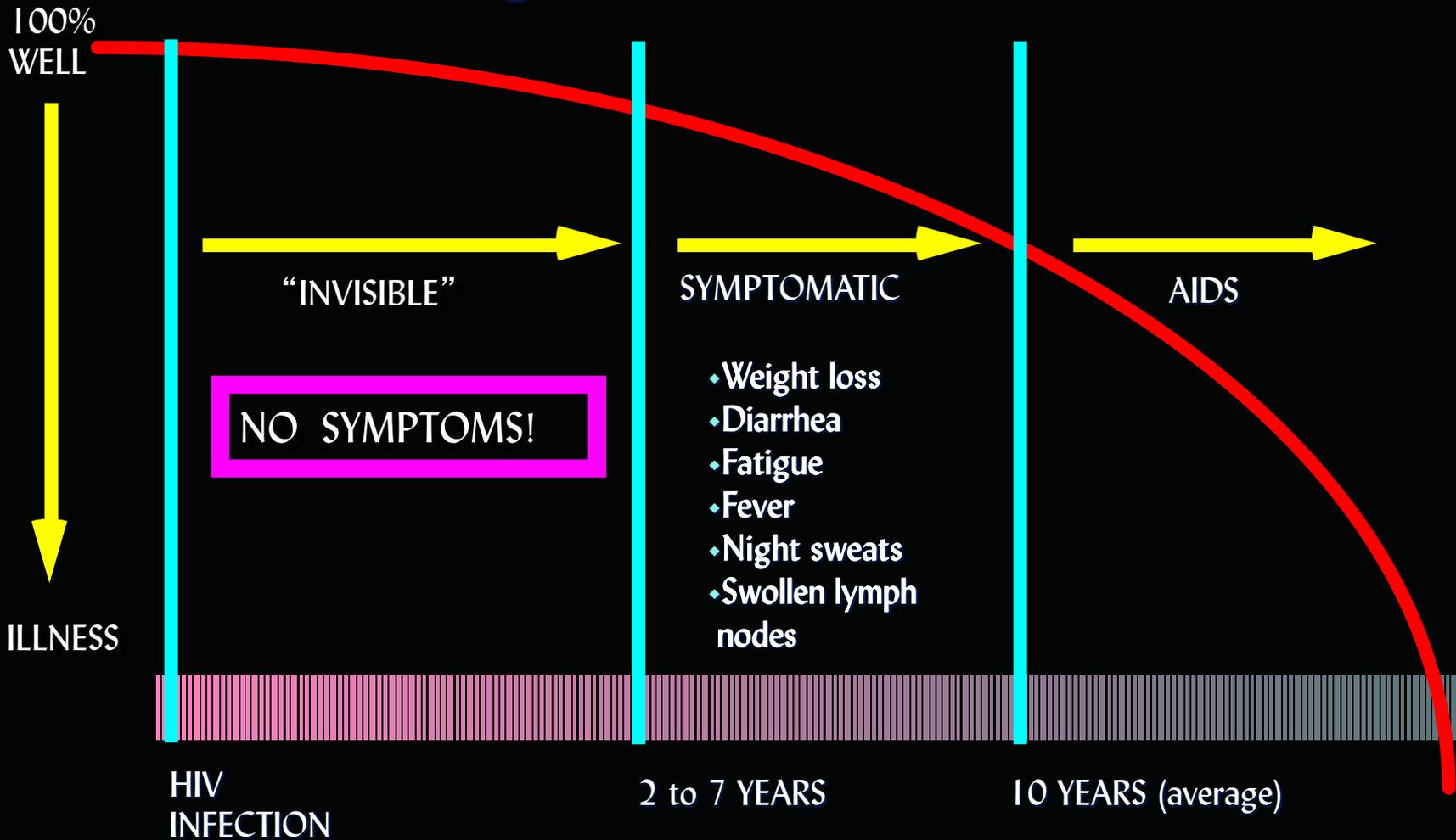


**2. HIV inserts itself into cell nucleus, reengineers it to produce HIV**



**3. After months & years, number of HIV increases, white blood cells decrease**

# 3 Stages of HIV Disease





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